News Release

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Book Inspires Personal Growth through a Shift in Perspective

Through shared testimonies, author guides readers on how to find fulfillment in life.

LOUISVILLE, KENTUCKY — Finding both purpose and fulfillment in one's life is a universal quest everyone embarks upon, and one that author Stephanie Feger has sought to not only find in her own life, but invite others seek in theirs. Spurred to capture her everyday moments turned extraordinary, Feger takes readers on a personal reflection — traversing life's difficulties and also finding beauty in the mundane — in her book, *Color Today Pretty: An Inspirational Guide to Living a Life in Perspective*. Through her ability to share relatable stories, Feger proves that it's not always outward success that fulfills you, but rather seeking perspective that allows you to understand your life's purpose.

Color Today Pretty takes readers on a journey, challenging them to reflect on their own lives while reading snippets into the author's. With spiritual inspiration strategically placed in her life, Feger shares personal testimonies on how one can live an ordinary and sometimes challenging life, and still find the blessings that nourish the soul and create true fulfillment. And she believes that the path to finding this starts with harnessing perspective.

As Feger unpacks her life's experiences and encourages readers to sift through theirs along the way, she shares the secrets she has found to living a life in perspective which includes:

- Realizing that you were never meant to traverse your life's unknown alone.
- Believing that extraordinary moments can be found in ordinary experiences.
- Understanding that perfection isn't attainable, but it was never meant to be.
- Willingly and intentionally pausing, soaking in the moments, and seeking the good in your life.
- Knowing that one person has the power to make an impact and living it as truth.
- Living your life with love as your guide.
- Promising to see your life happen for you instead of happen to you.

Color Today Pretty is more than a book — it's a way of living that underscores the need for compassion, curiosity and unwavering love. Feger's stories are personal, but the wisdom gleaned from them is universal. Learn how to rise above hardship, to prevent monotony from clouding your ability to savor profound moments, and to hold onto happiness and faith no matter what comes your way.

Are you ready to shed our culturally engrained and unrealistic definitions of success and true happiness? Stop searching for more, as a meaningful and extraordinary life just may be right in front of you. All you have to do is choose to *color today pretty*.

The book is available on Amazon in both paperback and Kindle eBook editions.

Stephanie Feger is the owner of Color Today Pretty. With nearly 15 years professional experience in the communications and marketing sectors, she is a passionate communicator who believes that a shift in perspective can help people live truly fulfilling lives. As a professional speaker, coach, consultant, and custom home décor business owner, Feger connects her passion for inspiring others to transform their lives while embracing creativity in everything she does. *Color Today Pretty: An Inspirational Guide to Living a Life in Perspective* is Feger's first published book. She lives in Mount Washington (in the outskirts of Louisville, Kentucky).

Learn more about *Color Today Pretty: An Inspirational Guide to Living a Life in Perspective* at www.colortodaypretty.com.

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High-resolution book cover art and author headshot available upon request.